

5th December 2024



# Mail on Friday

## Redhill Primary Academy and Nursery Weekly Newsletter

Email us at: [parentcontact@redhillprimary.co.uk](mailto:parentcontact@redhillprimary.co.uk)

### Scholastic Book Fair



The Scholastic HALF PRICE Book Fair will be returning to Redhill on Thursday 5th December and collected on the 12th December (school days only). The Scholastic Book Fair is a pop-up celebration of reading that puts the very best books directly into our pupils' hands, all while raising rewards to spend on free books and essential resources for our school. Children will have the opportunity to view the books during school time and for those who are unable to make it, an order can be placed online. The details to do this are

<https://bookfairs.scholastic.co.uk/pay/1337598>

Please be aware if you are visiting the Book Fair on these days, it is cashless, so orders will be placed through your mobile.

#### Parent Workshops

A number of parents have asked for parent workshops to help support their child with reading, writing, phonics and maths.

We are pleased to inform you that we have organised workshops on the following dates at 5pm:

22nd January 2025 - Literacy

5th February 2025 - Phonics

26th February 2025 - Maths

Please complete the following forms link to confirm your attendance.

<https://forms.office.com/e/8jvkpZNdwB>

#### Football Card Swap

Mr Griffiths is holding a football card swap on Friday 13th December. If your child has cards they would like to swap, please can they bring them in. We ask that they only bring the cards they want to swap in, not their whole collection, so that precious cards are not lost. Thank you.

#### After School Club Staff Vacancy

Would you be interested in working with the children at our afterschool club?

We are looking for someone to work from 3pm-6pm on Thursday and Friday each week, term time only.

The rate of pay is £12.65 per hour.

We are looking for an enthusiastic, committed individual who is passionate about caring for children.

The duties include supervising the children in organised activities and play opportunities, serving pre-prepared food and refreshments, transferring children safely between the school and nursery.

A full application pack will be sent, on request, which will include the job description to interested applicants. Please email [parentcontact@redhillprimary.co.uk](mailto:parentcontact@redhillprimary.co.uk).

The school is committed to safeguarding children and young people. All successful candidates are subject to a satisfactory enhanced DBS check with barred list, as well as other pre-appointment checks outlined in Keeping Children Safe in Education September 2024, such as an online check, suitable references and ID checks. This post also requires checks under the Childcare Disqualification Regulations and Childcare Act 2006, which includes a criminal record self-disclosure form to be completed and returned prior to interview. This post is exempt from the Rehabilitation of Offenders Act as amended. Safeguarding policies are available on the school's website.

### Drop-In Sessions

The class drop-in sessions have ended for the year.  
They will restart in the new year and we will inform you of the day/date in January.

### Christmas Lunch/Christmas Jumper Day

#### Wednesday 18th December

We will be holding our school Christmas lunch on Wednesday 18th December. Children can wear a Christmas jumper on this day (or a normal jumper; please do not go out and buy one) replacing their school sweatshirt or cardigan.

They should wear their school uniform (unless it is their Christmas party day).

On this day, we will not be able to serve any other meals, so if your child would not like the Christmas meal, please can you provide them with a packed lunch.

So that the kitchen can prepare, please can you pre order your child's meal on the link below by

Wednesday 11th December at 12 noon. <https://forms.office.com/e/Km3ygazNRs>

The Christmas lunch service is a fun time where children will sing songs, make hats and enjoy the festive cheer!

### Menu Change

Please note that on Thursday 19th December, the menu will be fish and chips instead of the big breakfast. On Friday 20th December, the menu for Nursery and Reception children will be hot dogs. The rest of the children in Year 1 to 6 on Friday 20th will be at the panto, so will need a packed lunch if you haven't already pre-ordered one from the kitchen.

### Christmas Parties

#### Christmas Parties w/c 16th December 2024

We will be holding our class Christmas parties during w/c 16th December.

Please can children arrive at school wearing their party clothes and then they can remain in them all day. If your child's party is being held on the pantomime day, please can they wear their school sweatshirt/cardigan over their party clothes. Children can bring one item of party food to eat for themselves, but please do not bring sweets or nuts.

17th December

Year 1

18th December

Year 2

Year 3

19th December

Year 4

20th December

Year 5

Year 6



### Christmas Post Box

From Monday, the Christmas Post Box will be up and running.

Please make sure that if your child is posting cards in the box that a name and class is written on the front of the envelope. Thank you.

### Year 3 Fire Safety Lesson

On Friday 13th December, the children in Year 3 will be visited by Telford Fire Station's Fire Crew.

They will be delivering a fire safety presentation, during a one hour lesson.

We look forward to welcoming them into class.

# FRIENDS OF REDHILL

December 2024



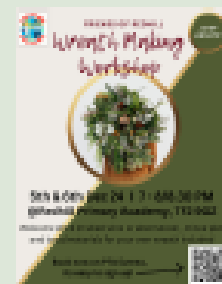
There is still time to buy tickets to our Rainbow Raffle on PTA events!

The draw will take place on Monday the 16th

**best of LUCK**

Thank you to everyone who came along to Thursday nights Wreath making.

There are still a few tickets left for tonight's session, please message us directly if you would like to come!



Thank you!

Together we have raised

**£1,102.71**

Redhill Primary Academy

Completed!



We did it! Thank you so much to everyone who signed up and shopped at Asda. This money will be put to good use and benefit all of our children



## Snooze Smart

### Did you know?

A study from Baylor University\* found that even getting just 46 more minutes of sleep each night can boost well-being. The research showed that extra sleep helped people feel more resilient, grateful, and positive about life. It also made them more likely to do kind things, like donating to charity. On the other hand, getting less sleep led to the opposite effect—lower mood and less gratitude. The study highlights how improving sleep can have a big impact on both personal well-being and how we interact with others.

So how can children and young people develop good sleep habits?

### 1 Sleep-Friendly Spaces

Make the bedroom a calming, sleep-friendly environment by using soft lighting, cozy blankets, and reducing clutter. A peaceful, quiet room encourages better sleep and signals to the body that it's time to rest.

### 2 Sleep Journal

Encourage children and young people to keep a simple sleep journal, where they can note how they felt throughout the day, what helped them feel calm before bed, and how well they slept. This can help them identify habits that work best for their sleep.

### 3 Sleep-only bed

Teach children and young people to associate their bed with sleep and relaxation only, not activities like playing, studying, or watching TV. This builds a stronger mental connection between their bed and rest, helping them wind down more easily when it's time to sleep.



#### Reference

[Do, A. H., Schnitker, S. A., & Scullin, M. K. \(2024\). Gratitude, flourishing and prosocial behaviors following experimental sleep restriction and sleep extension. The Journal of Positive Psychology, 1-12. https://doi.org/10.1080/17439760.2024.2394452](https://doi.org/10.1080/17439760.2024.2394452)